



SAFFRON ALDRIDGE WHAT SHE WANTS

IQ's Women's Editor on the gifts that will keep on giving this Christmas

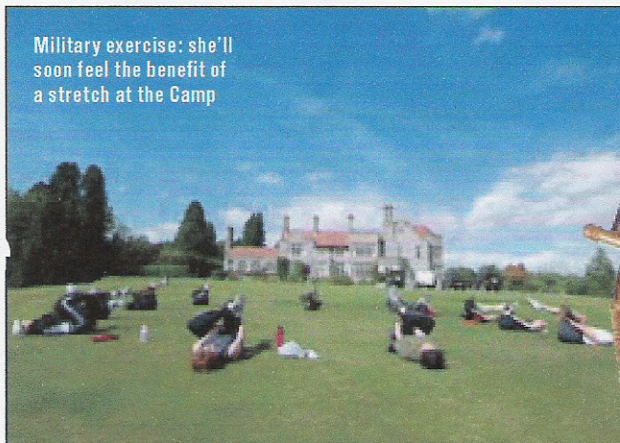


PILLOW TALK

Express your affections with help from the Monogrammed Linen Shop. It will embroider your words onto a pillow or sheet – a lovely way to share your thoughts. From £15. 020-7589 4033, www.monogrammedlinenshop.com



New lingerie shop **Bordello** stocks all things seductive – just the place to find Christmas stockings. 55 Great Eastern Street, London EC2. 020-7503 3334, www.bordello-london.com



Military exercise: she'll soon feel the benefit of a stretch at the Camp

FIGHTING FIT

After the gluttony of Christmas, she'll want to start the New Year feeling fit and motivated. Pack her off to the Camp, a women-only fitness retreat located in the beautiful Dumfries and Galloway wilderness and run by ex-UK special forces instructors. This is no easy day-spa but a week of mountain climbing, circuit running and detoxing. She'll come home feeling on top of the world, ready to embrace the New Year – and you – with renewed vigour.

£1,750 for a week in a single room. www.thecamp.co.uk

RING LEADER >

Treat her to a piece from H Stern's new Hera collection. The 18ct noble gold and pavé diamond ring is my favourite. £3,800. www.hstern.net



GOODS FOR HER

Anya Hindmarch has created the perfect hamper. Full of girlie gifts, from Ruinart champagne to an iPod, it's easy to order and impressive to receive. £1,000. At Selfridges. 0800 123400.



ALL HEART

Gucci and UNICEF have teamed up for the Tattoo Heart range. For each bag sold (coin purse, £120; wallet, £230, above), Gucci will donate 25 per cent of profits to UNICEF. www.gucci.com

I LOVE

Ann Summers' Santa Baby shorts. £12. www.annsummers.com

